

Young tobacco users in states and union territories

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January 2023

0.1 Introduction

Tobacco use is a global concern and India is no exception. In India, there is a growing trend of young people, particularly teenagers, who are taking up smoking and using other tobacco products.

Tobacco use among the youth has a major health problems . According to World Health Organization India has the second highest tobacco users in the world .As we know that tobacco causes many health problems such as cancer,heart problems,also respiratory problems.Around 27.5 Crore people are using tobacco products daily. Even though tobacco use in youth may lead to addiction also it can cause long term health consequences in the youth.

In order to understand the current status of young tobacco users in India and the effects it has on their health and society, this project will give a broad overview of the issue. We want to clarify the situation and promote appropriate action by examining pertinent facts and data. taking steps to address it.

0.2 Abstract

The purpose of this research is to provide an in-depth analysis of young tobacco users in India, with a particular emphasis on State and Union territories-level statistics. The problem of tobacco use among young people in India has been growing in recent years, leading to significant harm to their health and well-being.

The project will examine available data and statistics from various sources to determine the extent of the issue in each state, identify trends and disparities, and provide a basis for addressing the problem. The findings of this research will be a valuable resource for those working to reduce the prevalence of tobacco use among young people in India, including policymakers, public health professionals, and communities.

0.3 Data sets

0.3.1 Global Youth Tobacco Survey (GYTS-4), India and States, 2019

The Global Youth Tobacco Survey (GYTS) is an international study created to gather information on tobacco use among young people between the ages of 13 and 15. The GYTS-4, the survey's fourth edition, was carried out in India in 2019. The

survey gathers data on youth tobacco use prevalence, secondhand smoke exposure, attitudes toward tobacco, and understanding of the negative effects of tobacco use on health. The results of the survey are used to guide tobacco control policies and initiatives and monitor development over time.

The GYTS-4 India and States, 2019, provides comprehensive data, including state-level information, on the position of young tobacco users in India. The survey results can assist communities, public health experts, and policymakers in better understanding the scope and nature of the tobacco use problem among young people in India and in pinpointing regions that require attention. The GYTS-4 survey's findings are a useful tool for tobacco control campaigns and can direct efforts to lower the prevalence of tobacco use among young people in India.

This data set provides the following data:

- State and Union Territories wise Tobacco usage
- Classification of region (Urban/Rural/Total)
- Product-wise Tobacco user percentage

0.3.2 State/UTs-wise Tobacco Cessation Centres/Facilities

Health care services that help people stop using tobacco products are known as tobacco cessation centres or facilities. These facilities are set up at the state/union territory (UT) level in India and offer a variety of services, such as counselling, nicotine replacement treatment, and support for people who are trying to give up smoking. These facilities provide a range of services, depending on the state and UT, but their overarching objective is to assist people in overcoming their tobacco addiction and enhancing their health and well-being.

The availability of cessation services in various regions of India can be learned from statistics on State/UT-level Tobacco Cessation Centers/Facilities. This information can be used to pinpoint places with coverage gaps and those in need of more resources to assist those who are attempting to give up tobacco. Policymakers, public health experts, and communities trying to lessen the prevalence of tobacco use in India and enhance the health and well being of its population may find this material beneficial.

This data set provides the following data:

- State and Union Territories wise availability of Tobacco Cessation Centres/Facilities
- Number of Tobacco Cessation Centres/Facilities

0.4 References

- https://www.cdc.gov/tobacco/data_statistics/fact_sheets/youth_data/tobacco_use/index.html
- <https://www.fda.gov/tobacco-products/youth-and-tobacco/results-annual->
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- <https://www.hindawi.com/journals/jad/2016/9570517/>
- https://www.iipsindia.ac.in/sites/default/files/other_files/GYTS4_India_Fact_Sheet.pdf
- <https://www.who.int/teams/noncommunicable-diseases/surveillance/system-global-youth-tobacco-survey>